

LANA WILLIAMS

**STUNT ACTOR (CAT 2)
SAFETY SUPERVISOR & CONSULTANT
WORKPLACE HEALTH & SAFETY OFFICER**



MEAA # 4051004

AUSTRALIAN STUNT MANAGEMENT
 AGENT | LOUISE BROWN
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PROFILE

After many years as a Stunt Performer, with credits including Farscape 3, Beastmaster, Mission Impossible, Flipper, Prisoner, Great Bookie Robbery, Flying Doctors, to name a few - Lana graded as a Safety Supervisor in 1995.

Having resided on The Gold Coast and Melbourne, Lana has had the opportunity to work on many US Features and TV Series as well as local productions. Her affinity with the water has also led her to the role of Water Safety and Safety Diving.

Lana's professional but happy demeanour has made her a favourite on set and constantly in demand.

FILM CREDITS | STUNTS & SAFETY/WATER & DIVE SAFETY

• Diver	2025	Feature	SS Additional
• Saccharine	2024	Feature	SS
• Pasa Faho	2024	Feature	SS
• Woody Woodpecker	2022	Feature (US)	SS
• Petrol	2021	Feature	SS
• Blueback – Water Pick Up Shots	2021	Feature	SS
• Nitram	2020	Feature	SAC
• Li Na	2019	Feature (China)	SS
• Preacher S4	2019	Feature (US)	SS Additional
• Would I Lie To You?	2018	Feature	SAC
• MforM	2018	Feature	SAC
• The Death & Life of Otto Bloom	2016	Feature	SC
• A Journey Through Time With Anthony	2015	Feature	SS
• L.A.D.	2013	Feature	SAC
• Triangle	2009	Feature (UK/AUS)	SS /WS
• The Ruins	2008	Feature (US/AUS)	SS Additional
• Nim's Island	2008	Feature (US/AUS)	SS/UWU
• Ghost Rider	2007	Feature (US/AUS)	SS Action Unit
• The Marine	2006	Feature (US/AUS)	SS Action Unit
• House Of Wax	2005	Feature (US/AUS)	SS 2U
• Peter Pan	2003	Feature (US/AUS)	SS 2U
• George Of The Jungle 2	2003	Feature (US/AUS)	SS
• Danny Deckchair	2003	Feature (US/AUS)	SS 2U
• Ghost Ship	2002	Feature (US/AUS)	SS 2U
• Monster In Oz	2002	Feature	SS
• Inspector Gadget 2	2002	Feature (US/AUS)	SS

LICENCES/INTERESTS

Car	
Boat Licence	Dan Oxygen Provider
Commerical Diver 1	Film Gun Licence
Advanced Open Water (PADI)	Senior First Aid (CPR)
Search & Rescue (PADI)	Film Gun License
Dive Master (PADI)	

MEASUREMENTS

HEIGHT	5'10"	178cm
CHEST	43"	110 cm
WAIST	39.4"	100 cm
HIPS	41.7"	106 cm
HEAD	22"	56 cm
NECK	13.5"	34.5 cm
SHOE	11/43	

SKILLS

SS | SAFETY SUPERVISOR
 SAC | SAFETY CONSULTANT
 SP | STUNT PERFORMER
 WS | WATER SAFETY
 UWU | UNDERWATER UNIT
 SD | SAFETY DIVER
 ASCO | ASST STUNT COORDINATOR
 ASS | ASSISTANT SAFETY SUPERVISOR

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• Blurred	2002	Feature	SS
• Cubby House	2001	Feature	SS
• Crocodile Dundee 3	2001	Feature (US/AUS)	SS
• Ring of Endless Light	2001	Telemovie (US)	SS
• Walk The Talk	2000	Feature (US/AUS)	SS
• He Died With A Falafel In His Hand	2000	Feature (US/Italy)	SS
• The Love Of Lionel's Life	2000	Telemovie	SS
• The Product	2000	Telemovie	SS
• Green Sails	2000	Telemovie (US/AUS)	SS
• Casino Reef	1998	Telemovie	SS
• Komodo	1999	Feature (US/AUS)	SS
• Pitch Black	1999	Feature (US)	SS
• Feeling Sexy	1999	Feature	SS/WS
• The Day Of The Roses	1999	Telemovie	SS
• Sabrina Down Under	1999	Telemovie (US/AUS)	UWU
• Chameleon	1998	Telemovie (US/AUS)	SS
• 20,000 Leagues	1997	Telemovie (US/AUS)	UWU
• Place Of The Dead	1997	Telemovie (UK/AUS)	ASS
• Acri	1996	Feature (Japan)	UWU
• Eight Ball	1993	Feature	ASS
• Boys From The Bush	1992	Telemovie	ASS
• Father	1990	Feature	ASS

TELEVISION CREDITS | STUNTS & SAFETY

• Granite	2025	TV Series (US)	SS 2 nd Unit
• Neighbours	2025	TV Series	SS
• All Her Fault	2024	TV Series	SS Studio
• Newsreader 3	2024	TV Series	SS Additional
• Apple Cider Vinegar	2024	TV Mini Series	SS Additional
• Spooky Files 2	2024	TV Series	SS Additional
• Fake	2023	TV Series	SS
• Planet Lulin	2023	TV Series	SS
• Human Error	2023	TV Series	SS Additional
• Food Stars S1	2023	TV Series	SS
• 5 Bedrooms S4	2022	TV Series	SS
• Crazy Fun Park	2022	TV Series	SS
• Safe Home S1	2022	TV Series	SS
• Matched	2022	TV Series	SAC
• Love Me	2021	TV Series	SS
• La Brea	2021	TV Series (US)	SS Additional
• Shantaram	2021	TV Series (US)	SS Additional
• How To Stay Married S3	2021	TV Series	SS
• The Weakest Link	2021	TV Series	SS
• New Gold Mountain	2020	TV Series	SS
• Wentworth Series 8 & 9	2019-2020	TV Series	SS
• Halifax: Retribution	2019	TV Series	SS Additional
• Secret Bridesmaid's Business	2019	TV Series	SS
• Five Bedrooms	2019	TV Series	SS Additional
• Talk About Your Generation S6	2019	TV Series	SS
• Wentworth S7	2018	TV Series	SS
• The InBESTigators	2018	TV Series	SS
• Shaun Micallef's Mad As Hell S9	2018	TV Series	SS
• Parked	2018	TV Pilot	SAC
• Wine.Man.Wild	2018	Pilot	SAC
• Wentworth S6	2017	TV Series	SS

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• Sunshine	2017	TV Series	SS
• Jack Irish	2017	TV Series	SS Additional
• True Story with Hamish & Andy	2017	TV Series	SAC
• Wentworth S5	2016	TV Series	SS
• The Leftovers	2016	TV Series (US)	SAC
• The Wrong Girl	2016	TV Series	SS
• Offspring Series 6	2016	TV Series	SS Additional
• House Husbands S5	2016	TV Series	SS Additional
• House Rules	2016	TV Series	SS
• Fancy Boy	2016	TV Series	SS
• Sean Micallef's Mad As Hell	2016	TV Series	SS
• Demolition Man	2016	TV Series	SS
• Neighbours	2016	TV Series	SS Additional
• Wentworth S4	2015	TV Series	SS
• Winners & Losers	2015	TV Series	SS
• Childhood's End	2015	TV Series	SS 2U
• Phryne Fisher Murder Mysteries	2015	TV Series	SS Additional
• Masterchef	2015	TV Series	SS
• Wentworth S1, 2 & 3	2012 - 2014	TV Series	SS
• Dancing With The Stars	2014	TV Series	SS
• Shaun Micallef's Mad As Hell	2014	TV Series	SS
• Rickett's Lane	2014	TV Series	SS
• Worst Year Of My Life Again	2013	TV Series	SS
• Mrs Biggs	2012	TV Series (UK/AUS)	SS
• Time Of Our Lives	2012	TV Series	SS
• Offspring Series 3	2012	TV Series	SS
• Paper Giants 2: Magazine Wars	2012	TV Series	SS
• Home & Away	2012	TV Series	SS
• Howzat! Kerry Packers' War	2012	TV Series	SAC
• Tangle Series 3	2011	TV Series	SS
• Conspiracy 365	2011	TV Series	SS Additional
• Lowdown Series 2	2011	TV Series	SS
• Sea Patrol Series 4	2010	TV Series	SS/WS/UWU
• Sea Patrol Series 3	2009	TV Series	SS/WS
• Sea Patrol Series 2	2008	TV Series	SS/WS
• Sea Patrol Series 1	2007	TV Series	SS/WS
• Starter Wife	2007	TV Series	SS Additional
• Love Island	2006	TV Series	SS
• Mortified	2006	TV Series	SS
• Scooter Secret Agent	2005	TV Series	SS
• Fat Cow Motel	2003	TV Series	SS
• Lost World Series 3	2001	TV Series (Aus/Can/NZ)	SS
• Cybergirl	2001	TV Series	SS
• The Lost World Series 2	2000	TV Series (Aus/Can/NZ)	SS/UWU/ASCO 4 wks
• Round The Twist Series 3	2000	TV Series	SS/WS
• Flipper Series 4	1999	TV Series (US/AUS)	SS/UWU
• Flipper Series 3	1998	TV Series (US/AUS)	UWU
• Medivac Series 1, 2, 3	1996 - 1998	TV Series	SS
• Flipper Series 2	1996	TV Series	UWU
• The Wayne Manifesto	1996	TV Series	SP/SD
• Pacific Drive	1996	TV Series	SD
• Flipper Series 1	1995	TV Series	UWU
• Space: Above & Beyond	1995	TV Series (US)	ASS
• Fire	1995	TV Series	ASS
• Phoenix	1992 - 1993	TV Series	ASS
• Embassy	1990 - 1992	TV Series	ASS

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TELEVISION CREDITS | STUNTS & SAFETY (Cont.)

- Flying Doctors 1990 – 1991 TV Series ASS

TVC CREDITS | STUNTS & SAFETY

- Cuisine Art "Dream" 2025 Finch SS
- Oz Lotto 2025 MOFA SS
- TAC 2025 Finch SS
- Toyota Legendary Moments 2025 Poppet SS
- Myer Mothers Day 2025 Howatson & Co SS
- AAMI Brand TVC 2025 The Artline SS
- AFP 2025 Think HQ SS
- Paramount + Mountain of Football 2024 Network Ten SS
- Coles Great Lengths for Dairy 2024 Palomina SS
- Dive In Brand 2024 Pxlcat SS
- BP Premium Fuels 2024 Vault AUNZ 2024
- Super Cheap Auto 2024 Rabbit SS
- Coles Easter 2024 Rabbit SS
- Pepperstone 2024 Finch SS
- Shell Global 2023 RBF Productions SS
- AFL Season Launch 2023 Truce Films SS
- Mars 2023 Photoplay SS
- BWS "The Walk" 2023 Airbag Productions SS
- CUB/VX 2023 Clemenger Studios SAC/SS
- Coles "Easter Campaign" 2023 Airbag Productions SAC
- Nintendo 2022 Airbag Productions SS
- PSO "Safety You Can See" 2019 Airbag Productions SS
- Compare The Market 2019 Passion Pictures SS
- T20 Cricket World Cup 2019 Pixel Melbourne SS
- Auskick 2018 Tandem Media SS
- HBF 2018 The Sweet Shop SAC
- Kia 2018 Itchy & Scratch SS
- Asahi 2018 Spinnaker Films SS
- Medibank 2018 TBWA Melbourne SAC
- Tomorrow's Game 2018 The Pool Collective SAC
- CBUS 2018 The Shannon Company SS
- Australian Super 2018 So Productions SAC
- NRMA 2018 The Sweet Shop SAC
- Auskick 2.0 2018 Tandem Media/AFL SS
- ANZ 2017 Plaza Films SAC
- Schweppes ALT 2017 TBWA SS
- White Pages 2016 The Sweet Shop SS
- Holden EOFY 2016 Exit Films SS
- Ylil 2016 Spinnaker Films SS
- Ford EOFY 2016 The Pound SS
- StarTrack "Drone Delivery" 2016 Flare SAC
- Carsafe 2016 Nice Bike SAC
- Officeworks 2016 Photoplay SAC
- Knauf Insulation 2016 R2 Pictures SAC
- Honda EOFY 2016 Fiction Films SS
- Panadol 2016 ThirtyTwenty8 SS
- Dept of Health "Can't Stop The Girl" 2016 Finch Melbourne SS
- Target 2016 Guilty SC
- MOHF – "Numbers" 2015 Airbag Productions SS
- Bonds Hottie 2015 Finch SS

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• Smiths Crisps	2015	Airbag Productions	SS
• Real Housewives of Melb Promo	2014	Foxtel Management	SS
• Cobs Popcorn	2014	Airbag Productions	SS
• Red Shield Appeal	2014	Airbag Productions	SS
• Salvation Army "Red Shield Appeal"	2013	Fiction Film Company	SS
• British Paints	2013	Guilty	SAC
• British Paints	2013	Visual Playground	SS
• DiDi	2013	Airbag Productions	SS
• Australian Super "Gen Y"	2012	Sweet Productions	SS
• The Block Promo	2011	Nine Network	SS
• Worksafe "Daughter & Dad"	2011	Sweet Productions	SS
• Virgin Airlines "New Lounges"	2011	Flying Fish	SS
• Nissan Patrol			SS
• Westpac			SS
• Who Shot That			SS
• Mitre 10			SS
• Hat Productions			SS
• NZ Natural Gas			SS
• Just Jeans			SS
• Nestle Tea			SS
• Davenport Underwear			SS
• Australia Post			SS

STUNT PERFORMER

• Hook Turn (US Feature)	2025	Crossing Guard	Mark Rayner
• Granite (US TV)	2025	Petrol Station Stunt Driver	Philli Anderson
• Wentworth S8 & S9	2020	Kath Maxwell Dbl/Inmate	Zev Eleftheriou
• Halifax: Retribution	2019	Stunt Pedestrian	Zev Eleftheriou
• Childhood's End	2015	Mechanic's Wife	Mitch Deans
• Farscape 3	2001	Stunt Cook	Richard Boue
• Beastmaster	2001	Apparition Dble	Danny Baldwin
• Hollywood	2000	Car Passenger	Chris Anderson
• Paradise Road	1997	Stunt Prisoner	Glen Boswell
• Tribe	1999	Gina Double	Donny Vaughn
• Paws	1997	Sandy Gore Double	Spike Cherrie
• Medivac 1, 2 & 3	1996 - 1998	Genevieve Pico & Lisa Forrest Double	Mitch Deans
• Day Of the Roses	1998	Train Victim	Mitch Deans
• A Difficult Woman	1998	Passenger	Chris Anderson
• Flipper Series 2	1996	Rhonda Double	Danny Baldwin
• Medivac 1, 2	1996 - 1997	Gosia Double	Mitch Deans
• White Lies	1998	Mimi Rogers	Chris Anderson
• Tanker Incident	1997	Shopper in Explosion	Mitch Deans
• Acri	1996	Sandy Double	Mitch Deans
• Flipper 1	1995	Colleen Flynn & Lois Dbl	Chris Anderson
• Space: Above & Beyond	1995	Pilot/Colonist	Chris Anderson
• Dallas Doll	1994	Sandra Burnhardt Double	Zev Eleftheriou
• Crime Time	1993	Hostage	Chris Anderson/Glenn Ruehland
• Phoenix	1992-1993	Hostage	Glen Ruehland
• Chances	1992	Flying Nun	Mark Hennessey
• Garbo	1992	Imogen Aynseley & Vladia	Chris Anderson
• Body Melt	1992	Melted Head	Chris Peters
• Mission Impossible	1990	Nacsha Double	Chris Anderson

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• Skirts	1990	Protester	Chris Anderson
• Les Patterson Saves The World	1987	Stunt Diner	Chris Anderson
• Raw Silk	1987	Passenger	Chris Anderson
• Magistrate	1987	Stunt Pedestrian	Chris Anderson
• Great Bookie Robbery	1986	Stunt Teller	Chris Anderson
• Sword of Honor	1986	Protester	Bill Stacey
• Alice To Nowhere	1986	Barbara Double	Chris Anderson
• Death of a Soldier	1986	Protester	Bill Stacey
• A Place To Call Home	1986	Teen Double	Glenn Ruehland/Chris Anderson
• Prisoner	1979, 1985	Glenda Doubles	Glenn Ruehland/Chris Anderson
• Flying Doctors	1986 – 1991	Rebecca Gibney, Louise Swinsen, Annie Phelan, Sophie Lee Doubles	Chris Anderson/Glenn Ruehland, Arch Roberts/Chris Peter
• Australia's Most Wanted		Herself	Chris Anderson
• Day By Day		Stunt Police Woman	Chris Anderson
• Special Squad		Drowning mother passenger In Car	Glenn Ruehland/Chris Anderson
• TAC		Pyramid Person	Arch Roberts
• Road Traffic Authority		Stunt Shopper	Chris Anderson
• Fringe Benefit Tax		Passenger	Guy Norris
• Coles New World		Stunt Performer	Chris Anderson
• GMH		Stunt Performer	Arch Roberts

SHORT FILMS/MISCELLANEOUS | STUNTS & SAFETY

• Tiger Shark Dreaming	2025	Short Film	SAC
• Lunar NY Celebration Brickworks	2025	Festival	SAC
• Nonno Vigilante	2025	Short Film	SS
• Rebel	2021	Short Film	SS
• Cook NGR	2021	Short Film	SS
• And Then Something Changed	2019	Short Film	SS
• Leunig Documentary	2018	Documentary	SAC
• I'm Not A Medicine	2017	Documentary	SS
• 2040	2017	Documentary	SAC
• Found	2016	Short Film	SAC
• Perceptor	2012	Short Film	SS
• Small Mercies	2012	Short Film	SAC
• Fog	2012	Short Film	S

QUALIFICATIONS

Fight Training N.I.M.A.
Armory Confidence Training for Film & Television
John Gauci, Acting Television Workshop
Kathy Mueller Acting Workshops
Kingsway Princeton Drama College (London)

Work Place Health and Safety Officer (Qld)
Commercial Diver/Dive Master
Scuba Dive Training John Suhr/Descend Diving
Senior First Aid Certificate (CPR)
Working With Animals
Certificate 4 OH&S