



# KARMA HELENA VALLENTINA DELFS

## Equestrian & Stunt Performer

### Professional Profile

Energetic and dedicated equestrian stunt performer with over 20 years of horseriding experience across Denmark and Australia. I've trained in natural horsemanship, liberty work, jumping, and mounted performance, combining precision, discipline, and showmanship. Passionate about movies and storytelling through movement, singing, acting and performance. In addition I am a midnight ballerina which has taught me skills in communication, sales and keeps me physically strong and requires high level performance discipline, requiring timing, flexibility and creative expression.

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newstead, Brisbane QLD, unit 610

### ABOUT ME

- 22 years old
- 159,5 cm tall
- green eyes
- Red hair
- athletic build
- Vocals and singing

### Expertise

- Deep understanding of animal behaviour, welfare, and safety
- Mounted archery
- Liberty riding
- Fight choreography and performance
- Dance and movement
- Vocals and singing

### Language

English  
Danish

### Work Experience

- Big sister movie, riding horse on set & acting, singing live.
- Mounted and liberty performance; horsemanship and liberty training.
- former tattooist and drawing arts.
- Dancer.
- Stunt training and physical performance discipline.
- Singing, recording, and live musical performance.

### Equestrian Experience

- 20+ years of horsemanship experience including jumping, liberty, endurance & trick.
- Skilled at performing and riding in outdoor, arena, and beach environments.
- Comfortable managing different horse temperaments with patience and precision.
- Experience in camera and live performance work involving horses.

### Performance Experience

Actress & Singer

produced a soundtrack for the Big Sister movie

Performer & Dancer – Various Venues Across Australia (2021–Present)

- Developed physical endurance, timing, and rhythm under bright stage conditions.
- Strong presence and composure in live audience and production environments.
- Collaborative and adaptable with cast and production teams.
- Actress

### Training & Qualifications

- STUNT ACTOR PROVISIONAL MEAA
- Bronze Medallion (Water Safety Qualification)
- Ongoing training in stunt work, falls, combat, and horse trick riding
- 3 years experience in MMA, grabbing + striking

### Personal Attributes

- Calm and confident around animals
- Fast learner, enjoy acquiring new skills & experience
- Reliable, safety-focused, and team-oriented
- Excellent balance, stamina, and body control
- Natural charisma with a strong on-camera and stage presence
- Singing and musical confidence